



NEW DELHI YMCA  
Established 1927

# NEW DELHI YMCA

# NEWSLETTER

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**THE PARIS BASIS**  
**adopted on 22 Aug 1855**

**at the 1st World YMCA Conference**

***"The Young Men's Christian Associations seek to unite those young men who, regarding Jesus Christ as their God and Saviour, according to the Holy Scriptures, desire to be His disciples in their faith and in their life, and to associate their efforts for the extension of His Kingdom amongst young men"***





**FROM THE DESK OF THE  
GENERAL SECRETARY & CEO**



**NEW DELHI YMCA**  
Established 1927



**FROM THE OFFICE OF  
THE PRESIDENT**

*“Be joyful in hope, patient in affliction, faithful in prayer”  
– Romans 12:12*

Dear Readers of the New Delhi YMCA Newsletter,

As we progress into the new year - 2025, our hearts are filled with hope, faith, joy, and above all, gratitude to God Almighty for His continual mercy, grace, and unconditional love for all. Let's all look at 2025 as yet another opportunity to grow, love, and serve, and aim at the overall holistic development of the New Delhi YMCA.

As we celebrated and experienced the 76th Republic Day, let us pledge to uphold the values of our Constitution, respect our diversity, and contribute towards making our country a global leader in peace, progress, and prosperity. India's journey since gaining independence has been remarkable. From being an emerging nation to becoming one of the fastest-growing economies in the world, we have made significant progress in science, technology, education, defense, and social welfare. However, challenges still remain, such as poverty, inequality, and the need for sustainable development. It is our eminent duty, as the citizens of this nation, to work towards a better, stronger, and more inclusive India, through the functionalities of the New Delhi YMCA.

With the beginning of the new year, the New Delhi YMCA seeks to inculcate newer programs and initiatives in order to diversify and broaden its scope of impact and operations. One such new undertaking has been the “Walkathon 1.0” which received a positive response and is now a new addition to the plethora of programs implemented by the NDY.

I would like to express my congratulatory wishes to all concerned at the Tourist Hostel and GNPC for receiving the Certificates of Appreciation from the concerned Authorities, for diligent compliance, regulatory adherence, and achievement of preset standards in the requisite fields of work. It is the diligent effort of the NDY which has resulted in a well-deserved outcome.

I would also like to encourage and motivate the Secretaries, Executives, and Staff to continue their committed determination, belief, and dedication toward the New Delhi YMCA, and would like to thank the Members of the Board, NDY Members, and well-wishers for their guidance, support and prayers; as we look forward to yet another year filled with the Grace of God, as we cohesively work towards the extension of His kingdom on earth, through the mission & vision of the New Delhi YMCA.

Kindly uphold the New Delhi YMCA in your Prayers.

God Bless the New Delhi YMCA.

With Warm Regards,  
**Rajeep Singh**  
**General Secretary & CEO**  
**New Delhi YMCA**

*“For I know the plans I have for you, declares the Lord,  
plans to prosper you and not to harm you, plans to give you  
hope and a future” - Jeremiah 29:11*

Dear Members & Well-wishers of the New Delhi YMCA,

Greetings in the Majestic name of our Lord and Saviour Jesus Christ.

Before we delve into the initiatives, activities and undertakings of the new year, let us take a moment to thank God Almighty for blessing us with yet another year in the land of the living, filled with opportunities to develop our mind, body & spirit, and empower our peers and community at large, with progressive compassion and servitude.

“Change is an inevitable phenomenon” and “Adapting to Change” is the most optimum way to ensure the overall holistic development of our organisation. Based on the learnings and experiences of the past tenure, the Board Members of the New Delhi YMCA have reassessed, reanalysed, and refined all future programs & activities, resource allocations, and monetary & financial commitments, with the purview of creating better social impact, improving community development, and enhancing self-sustainability.

It is our collective and cohesive responsibility as Members, Employees, and Well-Wishers of the New Delhi YMCA to proactively participate and share our time, expertise, experience, wisdom, and efforts, towards the pre-set goals and achievements for the following year, so that the organization can move in the pre-conceived direction through the collective strength of its benefactors & beneficiaries. In this regard, I would encourage and urge the Members of the New Delhi YMCA to continue their dedication and belief in the mission and vision of the YMCA and further augment the prestige, legacy, relevance, and value of the New Delhi YMCA.

Let's continue to dedicate our earnest efforts to serve the community, the society, and the Nation through our Prayers, Support, and Cooperation.

Kindly continue to keep the New Delhi YMCA in your Prayers.

Regards & God Bless,  
**J A Benjamin**  
**President**  
**New Delhi YMCA**



## Evening Prayer Fellowship

The New Delhi YMCA, Department of Christian Emphasis organized an Evening of Prayer Fellowship on Saturday, 18th January 2025 at 5:30 pm at the "Y" School of Music Recreation Hall, Jai Singh Road, New Delhi - 110001.

The prayer meeting commenced with a word of Prayer extended by Mr. Linus Narona. It was followed by the congregational Hymn "Oh Lord my God".

Mr. Noel Phillips; Associate General Secretary, NDY accorded a warm welcome to everyone present and especially welcomed the Guest Speaker Dr. Munish Tamang. The Praise and Worship was led by Yesu Ke Geet.

The Scripture portion from the Gospel of Matthew 6: 28-30 was read by Mr. James Massey. Dr. Munish Tamang shared a meaningful and encouraging message from the Holy Scriptures of the Bible.

The meeting concluded with a Vote of Thanks by Mr. Gladwin Lal, Assistant General Secretary, NDY.

The Fellowship concluded with a closing prayer and Benediction by Rev. Ajay Sobers Peter. Around 50 people attended the program.



## Prayer Breakfast Fellowship

The New Delhi YMCA Department of Christian Emphasis organized a Prayer Breakfast Fellowship on Saturday 8th February 2025 at 8.30 a.m. in the Heinz Auditorium, New Delhi YMCA Tourist Hostel, Jai Singh Road New Delhi - 110001.

The Fellowship started with a word of Prayer offered by Rev. Vasant Kumar Reuben, Chairman, Christian Emphasis Committee. It was followed by the congregational Hymn "O God, our help in ages past".

Mr. Noel Phillips; Associate General Secretary, NDY accorded a warm welcome to everyone present and especially welcomed Rev. Sunil Thomas, the Guest Speaker for the day.

Praise and Worship was led by Mr. Akash Mathews & Team.

The Scripture portion from the Gospel of Mathew 16:13-20 was read by Mr. Dev Jyoti Biswas, Member NDYMCA.

Rev. Sunil Thomas; Methodist Church, Shahdara, Delhi, delivered a spiritually encouraging message from the Lord our God.

The Vote of Thanks was proposed by Mr. Gladwin Lal, Assistant General Secretary, New Delhi YMCA. Around 60 people attended the meeting.

The meeting closed with the word of prayer and Benediction by Rev. Yakub Masih.

## PRAYER BREAKFAST FELLOWSHIP

The YMCA Greater Noida Programme Centre organized the Prayer Breakfast Fellowship on 11th January 2025 at 8:30 AM. The programme aimed to bring the community together for a time of prayer, worship, and fellowship.

The programme commenced with the opening prayer led by Pastor Rajesh Kumar, setting a reverent tone for the morning. Following the prayer, Mr. Vineet Masih, Assistant General Secretary, NDY addressed the gathering. His brief remarks acknowledged the significance of the fellowship and welcomed everyone warmly. Mr. Vijay Russell, Chairman, Greater Noida Programme Centre, then took the stage to extend a heartfelt welcome to all guests. He expressed his gratitude for their participation and shared his greetings for the day. The atmosphere was further elevated by a beautiful session of praise and worship, led by the Nav Jeevan Church Choir. Their uplifting music set the tone for the spiritual gathering.

The Scripture reading followed, with Ms. Jyoti Sharma reading from the Book of Exodus, Chapter 14: 5-14. The passage reminded the congregation of God's power and faithfulness during challenging times. The highlight of the event was the message delivered by the guest speaker, Pastor Joman Joseph from Calvary Temple Christian Fellowship, Greater Noida. Pastor Joseph spoke on the theme "Breaking Barriers, Moving Forward," inspiring the attendees to overcome challenges and move forward in faith, with a deeper commitment to God's purposes.

Following the message, the congregation joined in singing the hymn "Neele Asmaan Ke Paar Jayenge," creating a unified spirit of worship and celebration. Pastor Hari Om Sharma then led the congregation in a closing prayer, and a benediction was offered to conclude the formal proceedings. Mr. Harshul Singh, Secretary, NDY delivered the vote of thanks, expressing gratitude to all attendees for their participation and support in making the Prayer Breakfast Fellowship a meaningful and memorable event. The fellowship concluded with a breakfast fellowship, allowing everyone to connect and share in a time of camaraderie.



## Blood Donation Camp

Blood Donation camp was organized on 11th January 2025 at 10:30 AM in association with the Pulse Foundation Charitable Centre, Greater Noida at the YMCA Greater Noida Programme Centre. The event commenced with an opening prayer by Pas. Vino Thomas, setting a positive tone for the day. Following the prayer, Mr. Harshul Singh, Secretary, NDY expressed gratitude towards the Pulse Foundation for their partnership with the YMCA in organizing this noble event. Mr. Vineet Masih, AGS, NDY, then extended a warm welcome to all the distinguished guests present and acknowledged their participation in such a meaningful cause. Mr. Vijay Russell, Chairman, Greater Noida Programme Centre addressed the gathering, offered his greetings, and felicitated Mr. Neeraj Upadhyay, from Pulse Foundation, by presenting him with a memento. Additionally, bouquets were handed to the entire Pulse Foundation team in recognition of their efforts, and the blood donation camp was officially declared open. The participants, who came from various walks of life, appreciated YMCA Greater Noida's initiative to organize such a commendable programme. A total of 55 individuals generously donated blood, contributing to the success of the camp. Each blood donor was given a Certificate of appreciation, Refreshments, and a Gift as a token of gratitude. The event was a meaningful collaboration between the YMCA and Pulse Foundation, highlighting the community's commitment to saving lives and supporting a noble cause.



# YMCA GREATER NOIDA PROGRAMME CENTRE - GNPC

## WALKATHON 1.0

YMCA Greater Noida Programme Centre, organized its first-ever Walkathon 1.0 on 22nd February 2025 at 8:30 am. The event aimed to promote health and wellness under the theme, "Step towards health and wellness." The walkathon brought together the local community to participate in a healthy activity while raising awareness about the importance of physical fitness.

The programme commenced with an opening prayer by Pas. Wilson Joseph, Calvary Temple Fellowship, setting a spiritual tone for the event. Following the prayer, Mr. Vineet Masih, Assistant General Secretary, New Delhi YMCA delivered the welcome address, expressing gratitude to the participants and emphasizing the significance of the event. Mr. Vijay Russell, Chairman, YMCA Greater Noida Programme Centre, then addressed the gathering, praising the initiative and appreciating the efforts made by YMCA Greater Noida in organizing such a valuable event for the community.

The chief guest of the event, Squadron Leader Manav Das, also addressed the participants, applauding YMCA Greater Noida for their continuous efforts to serve the community and promote the well-being of society. He thanked the organizers for their dedication and commitment to creating positive change.

The Greater Noida Police were also present for security purposes, ensuring the safety of all attendees throughout the event. After the speeches, the dignitaries participated in a ribbon-cutting ceremony, officially marking the start of the walkathon. The walkathon route covered a span of 5 kilometers, beginning from YMCA Greater Noida, passing through key landmarks such as the Vijay Pathik Stadium, Jaypee Sports Complex, Nawada Village, Grand Heritage Hotel, and City Park, before returning to YMCA Greater Noida.

Upon completion of the walkathon, gifts, t-shirts, and refreshments were distributed to all the participants as a token of appreciation for their involvement. The event ended with a closing prayer led by Pas. Vino Thomas, giving thanks for the successful event and the health and safety of all those who participated.

Finally, Mr. Harshul Singh, Secretary, New Delhi YMCA delivered the vote of thanks, acknowledging the efforts of every individual involved in making the event a success. The Walkathon 1.0 was a great success, fostering a sense of community and encouraging a healthy lifestyle among all participants. A total of 125 participants participated in the Walkathon.



## Free Medical Camp

On 22nd February 2025, the YMCA Greater Noida Programme Centre, in association with Hope Hospital, Greater Noida, successfully organized a free medical camp aimed at providing essential healthcare services to the local community. The camp was held at the YMCA Programme Centre starting at 10:30 am. This initiative was a part of the YMCA's ongoing efforts to contribute to the well-being of the residents in Greater Noida and surrounding areas.

A total of 105 people registered for the medical camp, highlighting the community's need for accessible and quality healthcare services. The medical services offered during the camp included consultations with general physicians, as well as dental and orthopedic care. These services were provided free of charge, ensuring that individuals from various backgrounds could receive professional medical attention without any financial burden.

The local community expressed immense gratitude towards the YMCA Greater Noida Programme Centre for organizing the event, acknowledging the value of the camp in addressing the healthcare needs of the community. The effort was particularly appreciated for its focus on providing specialized care in areas such as general health, dental issues, and orthopedic concerns, which are often harder to access for those without adequate resources.

In conclusion, the medical camp organized by the YMCA Greater Noida Programme Centre, in collaboration with Hope Hospital, was a resounding success. The event not only helped improve the health and well-being of over a hundred individuals but also strengthened the bond between the YMCA and the local community, reinforcing the Centre's commitment to supporting the local community's healthcare needs.



## PRAYER BREAKFAST FELLOWSHIP

YMCA Greater Noida Programme Centre organised Prayer Breakfast Fellowship on 8 February, 2025, at 8:30 AM at the YMCA GNPC Auditorium. The program commenced with an opening prayer led by Pastor Rajesh Kumar, setting a serene tone for the event. Following this, Mr. Harshul Singh, Secretary, NDY, warmly welcomed all the guests in attendance. Mr. Vijay Russell, Chairman, YMCA Greater Noida Programme Centre, extended his greetings to the participants, creating an atmosphere of unity and fellowship.

Father Agnel Balbhawan Choir then led a soul-stirring session of praise and worship, uplifting the spirits of the guests present. This was followed by a scripture reading from Isaiah 43:18-21, by Ms. Abhija Kiran, which reminded everyone of God's promises and the power of renewal. Pastor Simon Chandra of Greater Noida then delivered a thought-provoking message on the significance of prayer and forgiveness, highlighting their role in personal and spiritual growth.

The congregation then joined together in singing the hymn "Aaj Ka Din Yahova Ne Banaya Hai," creating a sense of community and shared devotion. The event concluded with a closing prayer by Pastor Kamal Kishor, followed by the benediction. Mr. Harshul Singh, Secretary, NDY then expressed heartfelt gratitude with a vote of thanks. The fellowship culminated with a delightful breakfast, where everyone gathered to share in the warmth and unity of the morning.



## Morning of Faith and Fellowship

The YMCA Sattal conducted a Prayer Breakfast Fellowship at Dorothy Villa on February 22nd, 2025. Dr. Alok Naskar led a word of prayer to start the prayer meeting at 10:00 a.m.

Following the greetings & welcome from Mr. Wilson, the New Delhi YMCA Secretary, Mr. Sagar Emmanuel Paul also extended his warmest greetings to the participants. Subsequently, the Praise and Worship was led by the Haldwani Methodist Church Choir, who gave an energetic performance. Their heartfelt songs uplifted the congregation's emotions and sparked passionate enthusiasm to glorify God in unison.

Ms. Pooja Arya read out the chosen Scripture portion of the day, from 1 Peter 2:9, in Hindi. Pastor Pankaj Singh from the Believers Church, Nainital subsequently delivered a thought-provoking sermon. The significance of the Church as spiritual Israel was underlined in Pastor Pankaj's words. By reading and reflecting on this verse, God's people are reminded of their roles as a holy nation, a chosen family, a royal priesthood, and God's privileged people.

Rev. Mrs. Shraddha Paul offered a closing prayer and benediction to conclude the Fellowship. Mr. Sagar Emanuel Paul offered a vote of thanks and extended his appreciation to everybody who attended. A delicious breakfast served as the event's finale, giving everyone a chance to mingle and bond.

All participants who attended this enriching Prayer Breakfast Fellowship left with renewed faith and a strengthened sense of community. The occasion created a space where participants may deepen their relationships and find motivation for their own life's journeys by providing a significant chance for spiritual introspection and support from one another.





# TOURIST HOSTEL CUM PROGRAMME CENTRE - TH

The New Delhi YMCA Tourist Hostel cum Programme Centre continues to focus on enhancing the guest experience by improving its facilities and promoting its services to meet the growing demand of both domestic and international travelers. The Tourist Hostel's ongoing efforts aim to make guest stay more comfortable and memorable, while also ensuring high levels of guest satisfaction. Below is an overview of the latest initiatives and developments:

## Accommodation Rooms and Meeting Halls

The YMCA is investing in the aesthetic appeal of its accommodation rooms and meeting halls. These upgrades are designed to improve the overall guest experience and encourage more positive reviews from visitors. The exterior building of the Tourist Hostel was also painted to give it a fresh look. We have introduced 500 ml water bottles and toiletries in all the guest rooms. The aim is to create an inviting, comfortable, and professional environment that meets the needs of both leisure and business travelers.



## Dining Hall

The air-conditioned dining hall now serves up to 80 covers, offering a wide variety of multi-cuisine food and snacks. This ensures that guests have a range of dining options to suit diverse preferences. The "Dish of the Day" provides a special, rotating menu item each day, giving guests a fresh culinary experience. In addition, a takeaway facility has been introduced, allowing guests to enjoy their meals on the go.

## New Additions to the Dining Experience

The "Chai Par Charcha" initiative has been introduced in the dining area, offering a variety of herbal and caffeine-free tea flavours. This aims to provide a cozy, inviting space for guests to relax and socialize over a cup of tea. Special seasonal and event-based menus have also been introduced.

## Promoting Hospitality Facilities of NDY

The YMCA Tourist Hostel staff, along with the staff from the GNPC, attended the SATTE Travel Show at Yashobhoomi, Dwarka New Delhi. This event provided an opportunity to promote the hostel's hospitality services, increasing business visibility and exposure to potential customers from both domestic and international markets. The introduction of special offers, a revamped dining experience with Chai Par Charcha, and strategic promotions are expected to boost guest satisfaction and attract more visitors. These efforts align with our goal to provide excellent hospitality, foster positive reviews, and ensure repeat business.



## REPUBLIC DAY SPECIAL



## DELHI ELECTION DAY

On 5th February 2025 (Election Day in Delhi), 25% promotional discount was offered on Ala Carte menu to the guests who exercised their voting right.



### Yuv Utsav & NGO Mela

The Department of Social and Human Development of New Delhi YMCA organized its XVIII Yuv Utsav and NGO Mela with the theme "Sustainable Youth Development" on 17th January 2025.

The XVIII Yuv Utsav & NGO Mela was inaugurated by Guest of Honor Mr. Pratyush Das, Director of Magic Bus India Foundation, the program was also graced by the presence of Mr. Francis Andrade, Chairman of SHD, Mr. James Massey, Vice Chairman SHD, Dr. Saju Varghese, Mr. Benjamin Paul Members of SHD Committee, Mr. Rajeev Singh, General Secretary & CEO, NDY, Mr. Noel Philips, Associate General Secretary, and Mr. Hemant Agarwal, Assistant General Secretary.

Approximately 1000 children and youth representing 32 NGOs and 5 Community Development Centres came together for this Annual Mega event. There were stalls put up by NGOs to display and sell a wide range of products manufactured by women and youth as part of their economic empowerment and skill enhancement program. This NGO Mela also exhibited the sharing of information, resources, and exhibition on the theme "Transforming our World through Empowering Youth". The children of participating NGOs took part in various events like Folk Dance (Group), Poster Making, Rangoli Making, Nukkad Natak, Free Style Dance, Fancy Dress, Mehandi Competition, Debate Competition, Human Canvas, Creative Writing, Pot Painting, Best out of waste. Sports Events like Sack Race, Lemon Spoon Race & Three-Legged Race were organized with the assistance and help of the Department of Sports, headed by Mr. Ashish Clifton, Secretary, Sports, NDY. The various events were adjudicated by judges from renowned professionals in their respective fields and we are grateful to them for sparing their valuable time and expertise. The winner's Trophy went to Amba Foundation.



## Republic Day Programme:

The New Delhi YMCA, Department of Social and Human Development Celebrated 78th Republic Day Programme at all 5 Community Development Centers with the Students, Staff, and Community People. on 23rd January 2025 at Savda Ghevra, followed by Celebrations at CDC Daya Basti and CDC Karpoori Thakur on 24th January 2025 and the final day of the programme was organized on 25th January 2025 at CDC Sunlight Colony & CDC Kalyanpuri. Cultural programme was presented by the Children from all Community Development Centers. More than 1300 Children and Staff participated in the 3-day long Flag Unfurl Ceremony and programme. Tricolor was unfurled at all 5 CDCs by the Chairman SHD, Committee Members, Guests, MLA, Councilor, and Local leaders.

On 23rd January 2025, Savda-Ghevra celebrated the Republic Day Programme. Children and Youth of Savda-Ghevra presented songs and dances of patriotism. After the Flag unfurling ceremony, Mr. Francis Andrade, Chairman of SHD, addressed and greeted the students, staff and the community people on the Occasion of Republic Day. Programme was graced by the presence of Mr. James Massey, Vice Chairman SHD Mr. Benjamin Paul, Dr. Saju Varghese Committee Members, and Mr. Hemant Agarwal, Assistant General Secretary, Department of SHD.

On 24th January 2025, the Flag unfurling Ceremony was celebrated at CDC Daya Basti. The Chairman of SHD Committee, Mr. Francis Andrade, did the honor of unfurling the Tricolor. It was followed by a colorful programme of patriotic dance and song by the children of the center. SHD Committee Members also graced the occasion with the presence of the Chairman of SHD Committee, Mr. Francis Andrade, Mr. James Massey, Vice Chairman SHD Mr. Benjamin Paul, Mr. Prakash Manwar, Mr. Sahil Kumar and Dr. Saju Varghese Committee Members, Mr. Hemant Agarwal Assistant General Secretary and, Ms. Monica Singh, Programme Officer.

Later on the same day, the national Flag was unfurled at Karpoori Thakur Center, by the SHD Chairman, and Local Leader Mr. Sita Ram Kamat. Children and Youth performed Group Dance on Patriotic Numbers.

On 25th January 2025, the Flag Unfurling Ceremony was held at CDC Sunlight Colony. The Chairman of SHD Mr. Francis Andrade, performed the honor of Unfurling the Tricolor. It was followed by a colorful programme of patriotic dance and song presentation by the children of the center. SHD Committee Members also graced the occasion including Dr. Rajeev Joy Nathan, Member Board of Directors, Mr. James Massey, Vice Chairman SHD Mr. Benjamin Paul, and Dr. Saju Varghese, Mr. Hemant Agarwal Assistant General Secretary and, Ms. Monica Singh, Programme Officer Department of SHD.

Later on the same day, the Indian Tricolour was unfurled at Kalyanpuri Center by the SHD Chairman Mr. Francis Andrade, Local MLA Mr. Kuldeep Kumar, Mr. Banti Gautam, Councilor. Children and Youth performed Group Dance, Speech & Skit on Patriotic Numbers.

The presence of so many dignitaries and guests on all the days of celebration was a great source of encouragement and inspiration for the children and staff of the centers. Sweets were distributed to the children and Guests at all the Centers after the programme.

Community Organizers, Counselors, Field Supervisors, Field & Administrative Workers, Instructors, Visiting Faculties, and all the staff put a tremendous effort into making the program successful in all three days at all five CDCs.



## Visit to CDCs

Mr. Francis Andrade, Chairman SHD Committee, Rev. Vasant Kumar Reuben – Member Board of Directors, Mr. Hemant Agarwal, Assistant General Secretary, NDY, and Ms. Monica Singh Programme Officer, SHD visited CDC Karpoori Thakur, CDC Savda Ghevra and CDC Kalyanpuri on 9th & 10th January 2025.

The purpose of the visit was to monitor and evaluate the ongoing activities and programs at the center, which aim to empower and support the staff. During the visit, the team toured the CDCs observed various programs in action, and interacted with the staff and students involved in the Center's regular activities.

Mr. Francis Andrade - Chairman SHD and Rev. Vasant Kumar Reuben, distributed gifts to the students of different activities at the CDCs.



**Inter-agency Sports & Cultural Meet at Jamia Millia Islamia University**

CDC Karpoori Thakur participated in the Inter-agency Sports & Cultural Meet Competition on 16th February 2025 at Jamia Millia Islamia University. The competition was divided into two main segments: Sports and Cultural Events. The Sports Segment included an Obstacle Race, Sack Race, and the Cultural Segment featured Group Dance, Group Song, Skits, and Nukkad Natak. These activities were for both Boys and Girls separately. 9 girls and 10 boys participated in these events. CDC Karpoori Thakur team won the overall trophy in Boy's Category by showcasing their skills. The CDC staff, Ms. Savita and Ms. Yogita accompanied the group for participation in the programme. Mr. Abdul Ghani and Mr. Asim Bora, interns from Jamia Millia Islamia University provided support to the team from CDC Karpoori Thakur throughout the Event. The two interns are placed with CDC Karpoori Thakur for their social work internship.



**Health Check-up Camp**

The Community Development Centre, Sunlight Colony, organized a Medical Camp for General Diagnosis, Skin Care & Eye Check - up on 13th February 2025, in collaboration with The Leprosy Mission Hospital Shahdara. The primary objective of the camp was to screen and diagnose health issues among community members, ensuring they receive essential medical attention and guidance. The Camp provided a range of healthcare services, including general diagnosis, skin problem assessments, eye check-ups, weight and blood pressure monitoring, and random blood sugar testing. A medical team comprising Dr. Reeti, Ms. Rudhmila, Ophthalmic Technicians and 3 Assistants from The Leprosy Mission conducted the Camp, offering free medical services to the Community. A total of 129 Community Members participated in the health camp, benefiting from the medical consultations and screenings. The initiative was highly successful and well-appreciated by the community, addressing critical healthcare needs and raising awareness about preventive care.



**Core Group Meeting with Community Representatives**

The Family Counseling Centre (FCC), CDC Sunlight Colony, organized a Core Group Meeting with Community Representatives on 15th February 2025. The objective of the meeting was to discuss the role and importance of the FCC in handling Family disputes, Domestic Violence, and Community-related issues, as well as to strengthen networking with community representatives for the overall Development of the Community. The meeting was conducted by Ms. Anjali Choudhary, Counsellor at the Family Counselling Centre (FCC), and Ms. Kudsia Shamim, Community Organizer at CDC Sunlight Colony. A total of 60 Community Leaders participated in the meeting, contributing to a meaningful discussion on these critical issues.



### Awareness Rally on Cyber Security

An Awareness Rally was organized on “Digital Citizenship, Cyber Safety, Cyber Child Safety and Digital Health and Wellness” on 15th January 2025 at CDC Kalyanpuri with the help of the Learning Ink Foundation. The objective of the cyber-security awareness rally was to raise public awareness about potential cyber threats, educate individuals on safe online practices, and encourage proactive measures to protect personal data and systems by promoting a culture of cyber security responsibility among the community; essentially, empowering people to recognize and avoid cyber risks through knowledge and informed behavior.



### AGP on Cleanliness and Hygiene

The Awareness Generation Program on Sanitation was organized on 20th February 2025 at CDC Karpoori Thakur by student interns Abdul Ghani and Asim Bora from Jamia Millia Islamia. The objective was to instill in them the habit of maintaining Personal Hygiene and understanding its significance in preventing diseases and promoting overall well-being.

The session was highly interactive, with strong participation from the children, and effectively spread awareness about the importance of sanitation. The use of visual aids, question-based learning, and incentives ensured that the session was engaging and educational. The Programme aimed to educate children about the importance of sanitation and hygiene in their daily lives and within the Community.

## World Leprosy Day Celebration

New Delhi YMCA actively participated in the World Leprosy Day Celebration on January 30th, 2025, organized by The Leprosy Mission Hospital Shahdara (TLM), where a special fete was organized to raise awareness and support for leprosy. As part of the event, CDC Savda & CDC Sunlight Colony put up a stall showcasing a variety of handmade handicraft items like Paper Bags, Table Mats & Tea Coasters, Greeting Cards, Banarasi Bags, Stoles and Mobile Pouch etc., which was appreciated by State Leprosy Officer & attendees. The event focused on raising awareness under the theme "Unite Act Eliminate." New Delhi YMCA, Department of Social and Human Development (CDC Savda Ghevara & CDC Sunlight Colony) was warmly felicitated by the TLM Shahdara Hospital. Students from CDC Sunlight Colony showcased their talent with a lively patriotic dance performance and took part in various competitions, like Rangoli, Slogan Writing, and Poster Making. Their creativity and dedication were recognized as they secured second place in the Rangoli Competition.

The visit was a successful exchange and a meaningful way for The Department of Social & Human Development, CDC Savda Ghevara & CDC Sunlight Colony to engage with the TLM Shahdara Hospital while supporting the cause of leprosy awareness. The program concluded with a Community Awareness Rally, where hospital staff, other NGO representatives, students, and local community members marched together to spread awareness about leprosy and its eradication.



## Training for staff on Advance Word & Excel

The Department of Social and Human Development organized a 2 days Training of Trainer (TOT) Certificate Course in Advanced Word and Excel (CCAWE) for Staff on 17th & 18th February 2025 with NIIT Foundation at Community Development Centre Sunlight Colony. The training aimed to enhance the technical skills of participants, equipping them with advanced knowledge and practical applications of Microsoft Word and Excel for professional and personal use. The curriculum covered fundamental and advanced features across different software versions from 2016 to 2021. The session was conducted by experienced Trainer Mr. Madhur Uniyal from NIIT Foundation who provided hands-on guidance on complex functions, formulas, formatting, and data management tools. The training was well-received by the attendees, who gained valuable insights that will improve their productivity and efficiency.

The initiative reflects the Department's commitment to skill development and empowering individuals with essential digital skills for the modern workforce. Community organizers, Field Supervisors & Computer instructors of all five Community Development Centers participated in this training programme. At the end of the session feedbacks from participants indicated a high level of engagement and satisfaction with the training. Mr. Madhur Uniyal, Resource Person from NIIT Foundation informed the participants that the NIIT Foundation will conduct a refresher training session of Certificate Course in Advanced Word and Excel (CCAWE). After the Refresher Training they will organize a Mock Test for the participants and thereafter certificates will be awarded to the participants.



## Tribal Festival 2025

The New Delhi YMCA 32nd Tribal Festival started with captivating energy, full of enthusiasm and joyfulness on 09 February 2025.

The New Delhi YMCA premises came alive with groups of indigenous people dressed in their traditional attire dancing and singing, sharing smiles, and encouraging those who were mere spectators to join them in celebrating life and culture. The crowd danced and moved along with the traditional music as the Chief Guest and the dignitaries walked toward the program venue. Mr. Rajeev Singh, GS & CEO, welcomed everyone present.

The program started with a prayer song and the traditional ceremony of lighting the lamp. With the sound of traditional drums in sync with rhythmic voices, and folk dances with hands held together, the leaders and the members of the tribal community welcomed the Chief Guest and other dignitaries. A momentous day that has its roots in the New Delhi YMCA history, a day when the New Delhi YMCA comes together with the tribal communities residing in Delhi-NCR to celebrate and showcase their rich cultural heritage.

This year, 25 tribal groups participated in the day-long celebrations. Mr. Alope Michyari, chairman of PCT welcomed everyone present. A token of appreciation was presented to Mr. S. Supanameren Jamia, MP Lok Sabha, Mr. Sailas Thangal- IAS officer, Mr. Markandey Rai, Founder Global Peace Foundation, Mr. Amrit Lugun, Mr. Victor Matto and Mr. Sudhir Kumar Das.

Mr. Jihoshua Jena, Vice-chairman of the PCT Committee was also present during the programme. Mr. Vijay Russell, Mr. Peter Prem, Mr. Sumit Gupta, Dr. Damor Jhalabhai, members of the Board of Directors, New Delhi YMCA, PCT Committee Members, and well-wishers of New Delhi YMCA attended the programme.

There were 46 stalls which included Tribal Delicacies, Handicrafts, and other Tribal Commodities. Tribal Fashion Show was a grand success and it displayed the vivid and diverse colourful cultures of the various tribal communities. Jorgos Band enthralled the gathering with lively tribal music during their live performances.



## Food Festival

The New Delhi YMCA, Department of Programme, Cultural and Tribal organized the Food Festival on Sunday, 16 February 2025, at the YMCA Tourist Hostel Parking area.

The festival brought together 46 stall holders including food enthusiasts, and vendors offering a vibrant mix of flavours, aromas, and cultural experiences. The event aimed to promote local delicacies while fostering a sense of community and appreciation for gastronomy.

The program began with a word of prayer offered by Mr. Gladwin Lal, Assistant General Secretary. Mr. Noel Phillips, Associate General Secretary welcomed the gathering, stall holders, and Chairman PCT, Mr. Alope Michyari. The festival was declared open by Mr. Peter Prem, Member of the Board of Directors, New Delhi YMCA. Sahitya 24 organized the "Kavi Sammelan" for the gathering.

The Food Festival was a resounding success, offering a delightful experience for all attendees. It not only celebrated the love for food but also encouraged cultural exchange and community engagement. Overall, the festival was a memorable event.





## Republic Day Celebration

On the morning of January 24, 2025, YMCA Public School celebrated the 76th Republic Day with great enthusiasm and patriotic fervor. The function commenced at 9:00 a.m. with the arrival of the chief guest, Mr. Feroze Khan, Assistant General Secretary of New Delhi YMCA, accompanied by the school Principal Mr. C.P. Davis.

Marching Forward with pride and discipline, students of four houses (Green, Red, Yellow, and Blue) presented a vibrant parade that showcased that each step of the parade is a salute to the sacrifices of our freedom fighters and a tribute to the ideals of our constitution.

The celebration began with the unfurling of the national flag by the chief guest, followed by the singing of the National Anthem. The event continued with an inspiring speech by Mr. Feroze Khan who highlighted the importance of the constitution and the duties of responsible citizens in a democratic country.

A mesmerizing performance that transcended words, as our special children expressed their patriotism through graceful movements on the song – Bharat ki beti. Another solo song performance through the voice of a special wing child showed the purity of love for the nation resonated and touched every heart in the audience.

After that, the young girls of TTI brought alive the vibrant spirit of India through their graceful dance. The Republic Day Speech was presented by YPS teacher Ms. Jasmeet Sehgal, who reminded everyone of their duty to contribute to the nation's progress and prosperity. It was followed by, the electrifying performance on Rang de Basanti by senior boys which ignited a sense of pride and unity among all present.

The school choir filled the air with harmony and pride, singing patriotic songs that touched every heart. After that, the young performers of YPS danced on patriotic mashups with passion, reminding everyone of the bright and hopeful future of India. The last and most stunning performance was presented by the young girls of YPS which captivated the audience with their graceful and passionate performance on "Hai Tiranga Shaan Apni".

The celebration of Republic Day in YMCA Public School taught significant educational, cultural, and patriotic values. Students learned to respect the nation, its culture, and its democratic framework.

The anchors Sidra and Shruti delivered a heartfelt vote of thanks, expressing gratitude to everyone who contributed to the success of the event.



## Annual Inter-Departmental Exhibition

### Science Department

The annual Inter-Department Exhibition at YMCA Public School took place on 01st February 2025, showcasing the collective efforts and talents of students from various departments. The exhibition was organized with the participation of multiple streams including Science, Mathematics, Arts, Social Studies, Physical Education, and more.

Students showcased experiments on working models such as the electric circuit, FM radio, self-made stereo system, projector, types of motion, and smart spectacles for blind people, based on refraction light. Live experiment based on Electroplating, invisible pen.

A significant project was the eco-friendly model of a sustainable home, which demonstrated solar power, rainwater harvesting, waste management systems, and green house.



### Mathematics Department



Students presented models showing the application of geometry in architecture, highlighting how shapes, angles, and symmetry are integral to designing structures

### Arts and Crafts Department

A vibrant collection of student artwork was presented, including paintings, sketches, and sculptures. One notable project was a collaborative mural, where students from different grades contributed, emphasizing themes of unity and diversity.



### Social Studies and History Department

One exhibit featured an interactive timeline of world history, Students displayed exhibits that showcased the cultural and historical richness of different regions, such as traditional costumes and different cuisines of India.



### Involvement of Special Needs Students



Students from the Special Education Department showcased their artwork and craft creations, demonstrating their creativity and hands-on abilities in various forms of artistic expression.

## Annual Inter-Departmental Exhibition

### Information Technology Department

The IT department exhibit focused on AI and software like Smart dustbin and school software.



Overall, both parents and external guests shared a strong sense of pride and appreciation for the students' hard work and dedication. One parent commented, "The exhibition was an eye-opening experience for us as parents."



## Annual Convocation



The Annual Convocation of HPDP for the academic year 2023-24 was held on 22nd February 2024. Mr. Rajdeep Sardesai a renowned Media personality and Author graced the occasion as Chief Guest. Mr Sardesai commended the New Delhi YMCA in educating young people to help them stand on their feet. He stated, "If 10 more YMCAs did what the New Delhi YMCA is doing the country would be a better place."

Also present on the occasion were Mr. Joseph Anil Benjamin, President, New Delhi YMCA; Mr. Girish Varghese, Chairman, HPDP; Mr. Sumit Gupta, Chairman, ICS; Dr. Rajeev Joy Nathan, Chairman, IOM & IFTD; Dr. R Damor Jhalabhai, Chairman, IMS; Mr. Jacob Mathew, Chairman IMSIT and Mr. Rajeev Singh, General Secretary.

The combined Annual Convocation of the six educational institutes of the New Delhi YMCA namely:

- INSTITUTE FOR CAREER STUDIES.**
- INSTITUTE FOR OFFICE MANAGEMENT**
- INSTITUTE FOR FASHION TECHNOLOGY & DESIGN**
- INSTITUTE OF MANAGEMENT STUDIES**
- INSTITUTE FOR MEDIA STUDIES & INFORMATION TECHNOLOGY**
- INSTITUTE FOR HOTEL MANAGEMENT AND CATERING TECHNOLOGY**

Total 697 successful students were awarded Diplomas, by Mr Joseph Anil Benjamin, President, New Delhi YMCA and out of those 189 meritorious awardees received meritorious certificates from Mr. Rajdeep Sardesai and other dignitaries present.



**CORPORATE OFFICE  
INTER-Y MOVEMENT  
YMCA TRAINING OF TRAINERS (TOT) WORKSHOP 2025**

The National Council of YMCAs of India organized the YMCA Training of Trainers (TOT) Workshop (TOT) from 10-15 February 2025. The event was hosted by the Bombay YMCA at the YMCA Camp Lakeside, Nilshi. This workshop gathered YMCA Secretaries from all over India to focus on developing leadership skills and enhancing professional growth. The theme for the workshop was "Nurturing Excellence: Leadership Development for YMCA Professionals" which aimed to foster holistic growth in YMCA Professionals, integrating their mind, body, and spirit in alignment with the YMCA motto. The New Delhi YMCA was represented by:

1. Mr. Harshul Singh, Secretary, New Delhi YMCA
2. Mr. Sagar Paul, Secretary, New Delhi YMCA

**The following sessions were conducted during the workshop**

- Session 1 Mission Driven Programme by Mr. Eldo N. Varghese
- Session 2 Strategic Planning, Innovation, and Future Trends by Mr. Rajan S. Mathew
- Session 3 Leadership Development by Mr. Rajan S. Mathew
- Session 4 YMCA Mission, Vision 2030 by Mr. G. Sundersingh Barnabas
- Session 5 Program Design and Implementation by Mr. Atul Meshramkar
- Session 6 Programme Monitoring and Evaluation by Mrs. Sunita Meshramkar
- Session 7 International Award for Young People by Duke of Edinburgh by Ms. Kavita
- Session 8 Leadership Development & Team Building by Mr. Stanely Victor
- Session 9 Leadership Development and Team Building by Mr. Stanely Victor
- Session 10 Media & Communication by Mr. Rozario
- Session 11 Psychoeducation by Dr. Sonia Elizabeth Prasadam
- Session 12 Transformational Leaderships and Conflict Resolution by Mr. Amit Winget
- Session 13 Transformational Leadership and Conflict Resolution by Mr. Amit Winget
- Session 14 Finance Management Practices, Income Tax Rules and Compliances by Mr. Noel Amanna
- Session 15 My Journey with the Y by Mr. Stanley Karkada
- Session 16 Reimagining YMCA: A vision for the Next Generation by Mr. Stanely Karkada



# CORPORATE OFFICE INTER-Y MOVEMENT YMCA TRAINING OF TRAINERS (TOT) WORKSHOP 2025

The first day began with registration, followed by a Camp Orientation session led by Mr. Austin Kunder, General Secretary of the Bombay YMCA. Mr. Kunder provided valuable insights into the purpose and goals of the workshop and set the tone for the days ahead. This was followed by the Inaugural Ceremony, marking the official start of the event.

The first day featured multiple sessions designed to engage participants in leadership development and other YMCA-related topics. At the end of the day, a Debriefing Session was conducted to review the learning outcomes and prepare participants for the upcoming days.

The second day began with a Body Booster Exercise to energize the participants. This was followed by Devotion time, providing a moment of spiritual reflection for all present. The remainder of the day consisted of several impactful sessions, delving into leadership and personal growth topics. In the evening, participants enjoyed exciting Camp Activities, including Archery and a Cricket Match, fostering teamwork and skill development. The day concluded with a Debriefing Session and gathering feedback to shape the activities and sessions for the following day.

Day third began with an adventurous Trekking activity, promoting team bonding and physical fitness. After trekking, there were more sessions on leadership and YMCA values. In the evening, participants took part in Swimming, Boating, and water-based camp activities that helped build camaraderie. The day ended with a Debriefing session where participants reflected on the day's activities and sessions.

The fourth day started with another morning of Trekking, followed by a unique Devotion in Wilderness experience. This activity helped participants connect with nature while reflecting spiritually. Afterward, there were sessions focused on deepening leadership skills, which were followed by Rock Climbing in the evening, an exciting camp activity that pushed participants out of their comfort zones and encouraged personal growth. The day concluded with a debriefing, allowing everyone to reflect on the challenges and insights gained through their experiences.

The fifth day began with a morning exercise to keep the energy levels high, followed by a time of Devotion by Dr. Sonia Prasadam. In the evening, the Valedictory Ceremony took place, where certificates were distributed to all participants as a recognition of their hard work and commitment during the workshop. The day ended with a heartwarming Camp Fire, where everyone gathered to showcase their talents, creating an atmosphere of joy and unity.

The final day began with breakfast, followed by a group photo to capture the memories of the event. Participants then left for the VTI Kanha Patta, marking the farewell and the conclusion of the workshop. The workshop featured a series of informative and intellectually stimulating sessions, which were conducted by expert resource persons. Each session was thoughtfully designed to cover key aspects of YMCA leadership and personal development. The facilitators provided valuable insights and practical tools that the participants could incorporate into their professional lives.

The workshop was designed with a balanced approach, ensuring that equal attention was given to activities, informative sessions, and the holistic development of the mind, body, and spirit – the core principles of the YMCA. Through a combination of leadership training, physical exercises, spiritual reflections, and fun team-building activities, the workshop successfully embodied the YMCA's motto of developing the whole person.

## Conclusion:

The YMCA Trainers of Trainees Workshop 2025 was a tremendous success, offering an enriching experience for YMCA professionals across India. With a well-organized structure that blended learning, activities, and spiritual growth, participants left the workshop better equipped to lead with excellence and contribute to the YMCA community. The event provided valuable networking opportunities, along with a platform for personal and professional growth, embodying the true spirit of the YMCA.



## NOTEWORTHY NEWSBYTES

The New Delhi YMCA achieved 2nd position in “Swachh” ranking across the Delhi Municipal Council area and was appreciated/recognized via certification by the New Delhi Municipal Corporation.



The Greater Noida Industrial Development Authority (GNIDA) has recently awarded a Certificate of Appreciation to the Greater Noida Programme Centre for its exemplary contribution to the Swachhta Ranking for Bulk Waste Generators in the Non-Residential category. This recognition highlights the centre's active participation in maintaining cleanliness and its adherence to the Solid Waste Management (SWM) Rules, 2016. The award acknowledges the centre's continuous efforts in ensuring that the campus remains clean and environmentally sustainable.



Ms. Elisabeth, a well-wisher of the YMCA, hailing from Austria, donated a wonderful “Weltmeister” Accordion to the New Delhi YMCA, to be used at the Y School of Music.

## NEW JOINEE



- **MR. ABHISHEK** JOINED ON 01ST FEBRUARY 2025 AS SPORTS OFFICER



## OBITUARY



*“...and the dust returns to the ground it came from,  
and the spirit returns to God who gave it.”  
-Ecclesiastes 12:7*



- **Dr. V.S. Lall, Former NDY General Secretary** passed away on 12/01/2025.
- **Mother of Mr Deepak Singh, NDY Member** passed away on 12/02/2025.
- **Mr. Sushil Fredrick, NDY Member & Father of Mr.Sameer Fredrick** passed away on 22/02/2025
- **Parents of Mr. Rajdeep Bhagat, JPO, NDY** passed away on 11/02/2025.



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