# NDY TODAY

#### BUILDING COMMUNITIES | 15 MAY 2022 | VOLUME 39



#### **GENERAL SECRETARY & CEO SPEAKS**

Dear Friends,

Greetings!

Your YMCA is moving forward with its Mission and moving well, leaving behind all memories of difficult times, lockdowns, and restrictions.

While moving forward we have different types of challenges and it is Teamwork that matters all around us in our professional and personal life. We see it in marriages, businesses, neighborhoods, churches, workplaces, etc. God loves to see Christians working together submitting to His will. Think of Christianity as our YMCA, one institution comprised of members, staff, beneficiaries, number of different departments within. One individual or a department can do things another cannot, but we all have the same goal and same Mission 'To serve and not to be served'

God has blessed us all differently. Some people are leaders, preachers, givers, singers, advice-givers, prayer warriors, etc. Some people are bolder, wiser, more confident, and have stronger faith than others. We all have different abilities, but our main goal is the YMCA's Mission to serve and the advancement of His Kingdom through the YMCA.

We must use the gifts God gave us to benefit each other and we must always remember to love. Love drives unity. Teamwork makes the dream work. Teamwork divides the task and multiplies the success. Alone we can do so little; together we can do so much beyond our capacity.

Psalm 133:1 "How good and pleasant it is when God's people live together in unity!"

Keep your YMCA in Prayers.

Mark Clive General Secretary & CEO



Established 1927



#### FROM THE OFFICE OF THE PRESIDENT

Dear Members & Well-wishers of the NDY,

Greetings and Praise the Lord!

The Lord has given us an opportunity as leaders to look for ways to achieve excellence in our Mission. As Christians, we meditate upon Christian principles

in every area of our lives, practicing a ministry-based vocation and working with YMCA volunteers and staff comes with a very specific set of challenges and opportunities.

With a new team of office bearers, we shall work with zeal and zest to take NDYMCA to greater heights. After all, "the key to success is the sincerity of purpose".

Our leadership comes from Christ our Lord. We shall ensure through our actions to honor His Commandments.

While ideas and new beginnings are exciting, creative stimuli for the NDYMCA will be to stay focused and create a culture of growth and development.

Our emphasis shall be on maintaining fortitude that sustains stability and it is this resilience that will make us achieve our targets.

God Bless you all.

Felix Fernandes President



#### HPDP Staff Training Programme



"We are what we repeatedly do; Excellence then is not an act but a Habit" An HPDP Staff training programme in Social & Behavioural Skills was held on 27.04.2022 at Heinz Auditorium, New Delhi YMCA. The aim of the training was to hone the skills of HPDP employees and to enhance their efficiency. 26 HPDP Staff Members including Office Assistants, Asstt. Librarian, Faculty Members of IOM & IMSIT, JPOs, JTO, Directors of all Institutes, Executive Director HPDP and Senior Secretary HPDP, attended this training programme successfully. The session was a blended programme of a few activities and the practical aspect was 2.5 Hours which included a few activities and the theoretical aspect of the above-mentioned programme. The Programme began with a welcoming address by Ms. Meenakshi Gupta, Executive Director – HPDP. It was inaugurated by the Hon'ble GS & CEO, New Delhi YMCA Mr. Mark Clive. In his address, he advised the HPDP staff members to upgrade their skills in their respective duty areas. He further mentioned the staff members to be more proactive. He emphasized being more specific in the communication.

Dr. Anjali Gupta and Ms. Tapobraty Das, Guest Faculty Members of IMS & IMSIT respectively, were the resource persons for the training. The session was started with an activity related to Team Work. In the training, it was emphasized to enhance interpersonal relationships, effective communication, engaging attitude and to have productive emotions. In engaging attitude, the three factors: job satisfaction, job involvement and commitment were discussed. Further to it, the resource persons focused on self-awareness, self-management, social awareness and responsible decision making.

The delegates were satisfied by the session. The learning outcomes of trainees have mentioned in their feedback forms are: how to respond well, holistic development of personality, listening skills, following protocols, fundamentals of speech, team building, how to grow together, and how to get more win-win situations. The outcome of the training session was good and all the participants demanded more such similar pieces of training in future regularly. The delegates also learnt the importance of understanding others' reasoning, adaptability to change, team building and avoiding begrudging. The session was concluded with a vote of thanks proposed by Ms. Meenakshi Gupta, Executive Director -HPDP. The training session was followed by lunch in the Dining Hall, Tourist Hostel, NDY.



### Mother's Day Prayer Fellowship



New Delhi YMCA observed Mother's Day on 9th May 2022 during the Monday Prayer Fellowship held at the Heinz Auditorium, YMCA Tourist Hostel. The Meeting commenced with a word of Prayer by Mr. Ashish Clifton, Secretary. The Message was shared by Mr. Noel Phillips, Associate General Secretary. He spoke about the value of Mothers who bring life to this world and how a mother nurtures her children and does her duties towards a family which is highly commendable. The Intercessory prayer was said by Ms. Jyoti Micah, House Keeping Officer. The Closing Prayer was said by Mr. John Prakash, Head - Human Resources. Mr. Mark Clive, General Secretary & amp; CEO, distributed flowers and cards to all the mothers present at the meeting and also all the mothers working at the New Delhi YMCA along-with the word of appreciation and gratitude.



## Prayer Breakfast Fellowship



The New Delhi YMCA organized the Prayer Breakfast Fellowship Meeting on Saturday 14th May 2022 at the Heinz Auditorium, YMCA Tourist Hostel. The Meeting began with a word of Prayer by Mr. Ashish Clifton, Secretary. Mr. Mark Clive, General Secretary & amp; CEO, welcomed everyone present. The Praise & amp; Worship was led by Mr. Vinod Dayal, Worship Leader, Christ Methodist Church Choir. The Scripture reading was done by Mr. Rajeev Singh, Assistant General Secretary.

Rev. Devender Verma, the Guest Speaker for the day was introduced by Mr. Noel Phillips, Associate General Secretary. Rev. Devender Verma shared the word of God narrating that Jesus Christ, His Love for us, and that He is always with us in times of need. A special song was presented by Mr. Rajinald Vijay Milton, Assistant Manager, Systems & IT. The Closing Prayer and Benediction was pronounced by Rev. Sunil Ghazan, Member, New Delhi YMCA. The Vote of Thanks was proposed by Mr. Hemant Agarwal, Assistant General Secretary. The Meeting was attended by 75 people at the Heinz Auditorium and 20 people attended online via zoom.



#### Short term Courses @ YMCA Programme Centre Sattal



YMCA Programme Centre, Dorothy Villa, Mehragaon started two short-term courses viz. Computer course and English course. The computer course includes courses such as the Basic Certificate Course (3,6,12 months), Smart Accountant course (3 months), Desktop Publishing Advanced course (6 months), and MS Office package (1 month) The English course includes Social Conversation (1 month) -For those who are looking to develop their social skills, English Conversation and communication (2 months)- For those who are working and want to improve their conversation and communication skills, Personality Development (3 months)

The objective of these courses is to fulfill the mission and vision of New Delhi YMCA which is the overall development of mind, body, and spirit of humans irrespective of their caste, race, gender, or social affliction and to guide the young people to inculcate the right values and to lead a life based on sound principles. New Delhi YMCA attempts to bring together young people to develop leadership qualities that enable them to be constructive citizens of India.



#### Noteworthy Newsbytes

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राजकीय महाविद्यालय में २ दिवसीय

कैरियर काउंसलिंग क्लास

## नीताल, गुरुवार 5 मई, 2022 सातताल क्रिकेट मैदान से टीम इंडिया तक पहुंचे खिलाडी

दीदार कर चुके हैं। उन्होंने एक

भेंटवार्ता में बताया टीएनएम क्रिकेट

एकेडमी गाजियाबाद के आराध्या

यादव, अंडर-19 .भारतीय टीम के

कप्तान रहे अरण्य जुयाल व टेस्ट

प्लेयर पवन नेगी आदि खिलाडियों ने

खिलाड़ी विराट कोहली के कोच

राजकुमार शर्मा, सुरेश रैना व आरपी

सिंह के कोच दीपक शर्मा इशांत

शर्मा के कोच श्रवण कुमार व वीरेंद

सहवाग के कोच शशि कला समेत

इंडिया टीम के चयनकर्ता गोपाल

शर्मा व अजय शर्मा एवं राजेंद्र पार

भी यहां आ चुके हैं। बताया अगर

कुछ दिनों में क्रिकेट प्रतियोगिता शुर

होनी है। इसकी सभी तैयारियां प्

कर ली गयी हैं।

इसके अलावा भारतीय टीम के

यहां पर काफी खेला है।

भीमताल। चारों ओर पहाड़ियों व दिग्गज खिलाड़ियों के कोच भी वने चीड़ के जंगल के बीच स्थित सातताल का क्रिकेट मैदान का स्वर्णिम अतीत रहा है। यह मैदान पिछले 22 सालों में देश को कई खिलाड़ी दे चुका है। इस मैदान में अंडर-19 भारत की टीम के कप्तान रहे अरण्य जुयाल व टेस्ट प्लेयर पुवन नेगी भी खेल चुके हैं।

इस मैदान में प्रतिवर्ष वाईएमसीए स्पोर्ट्स क्लब द्वारा जेके टायर के सहयोग से मई व जून के महीने में आल इंडिया स्तर की क्रिकेट प्रतियोगिता आयोजित की जाती है। जिसमें देश भर की टीमें खेलने के लिए पहुंचती हैं। वाईएमसीए स्पोटर्स क्लब के संयोजक अफताब मसीह ने बताया कि सातताल का यह क्रिकेट मैदान देश को कई खिलाड़ी दे चुका है। इस मैदान का भारतीय टीम के

होडल, 13 मई (व्युरो): पुनहाना चौक स्थित राजकीय महाविद्यालय के प्रांगण में दो दिवसीय कैरियर काउंसलिंग क्लास का आयोजन किया गया। जिसमें न्यू दिल्ली वाईएमसीए होडल के इंचार्ज दयामय महतो मुख्यअतिथि के रूप में मौजूद रहे। इस अवसर पर राजकीय महाविद्यालय

के प्राचार्य डॉ. अनिल कुमार ओझा आयोजित कार्यक्रम में छात्रों को ने बताया कि छात्र छात्राओं के लिए आयोजित कैरियर काउंसलिंग की क्लास से बच्चों का भविष्य उज्जवल

हो सकता है। इस प्रकार के आयोजन से छात्र अपने उद्देश्य को प्राप्त कर सकते है। कार्यक्रम में मुख्य अतिथि दयामय महतो ने कैरियर काउंसलिंग का मुख्य उद्देश्य बच्चों की कमियों एवं उनके कार्य क्षमताओं के विषय में रखा। उन्होंने छात्रों को ज्यादा समय ध्यान ना दे पाना, कमजोर लिखावट कौशल, टालमटोल करना, ध्यान को कमी, असफलता का डर, उत्साह का अभाव, शर्मिलापन, समय प्रबंधन, जिम्मेदारी साझा करना, आत्मा आलोचना, संवेदनशीलता, बहुत अधिक जिम्मेदारी लेना, एक साथ ही प्रोजेक्टस को हाथ में लेना, पब्लिक स्पीकिंग डर और धैर्य की कमी जैसी कमियों के बारे में विस्तार से

जानकारी देते मुख्यअतिथि दयामय महतो तथा छात्र छात्राएं। समझाया। उन्होंने छात्रों से कहा कि कुछ कमियां छात्रों के उद्देश को प्रभावित

करती हैं। लिन्हें छात्रों को अपने मन से पुरी तरह निकलना होगा। उन्होंने छात्र छात्राओं को एसएससी, यपीएससी, सिविल सर्विसेज, और असिस्टेंट प्रोफेसर आदि की तैयारी के बारे में विस्तार से जानकारी दी। उन्होंने बताया कि हमें सोशल मीडिया. पार्टीज आदि से दूर रहना चाहिए। उन्होंने छात्र छात्राओं से उनके उद्देश्यों के बारे में प्रश्न पुछे। कैरियर काउंसलिंग के इंचार्ज भौतिकी विभाग के प्राध्यापक सुनील भारद्वाज रहे। इस अवसर पर महाविद्यालय के प्राध्यापक विजेंद्र , डॉ. राम किशोर, डॉ. नीलम शर्मा, डॉ. सुधा रावत, भक्ति सधा आदि उपस्थित रहे।



In 1956, wrestlers from different states in India were accommodated and trained at the New Delhi YMCA where the Final Selection of the Indian wrestling team was made to participate in the Olympic Games held in Melbourne that year

Did You Know?

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